D. 1945	UGC honoured "College	3.63) ISO 9001 : 2008 (e of Excellence"	Certified
	TEACHING	J PLAN	
		Faculty :d	<u>bell</u>
	· \ \		ear: <u>2020-202</u> /
	A Subject : <u>থাটাক ন</u>		
of Paper :	5C-2C rog-231 Funda	No. of	Loga < Haratoh
Month	Topic/s to be Covered	Lectures Required	Remarks
June			
July			
	<u>^</u>		
August	2/1-2-9 7-9 7 9.8	9 -	
		92	
	<u>م</u>		
September	युनिट-१ १.४ युनिट-१ २.१ ते २.3		
	यनित . १		
	2.9 2.3		
	3/012-2		
	2 ४ भू/नेट - 3 3 १ ते 3 3		
	भूमिट - 3		
	39733		

					C	- souther	encolo de la constanción de la constanc
Remarks							
No. of Lectures Required							
Topic/s to be Covered	2612.3 3.8 2612.8	थैनिट . ४ ४.४ इ.४ वेनास्थाय व येकासमासान	यार्रेसा				H.O.D
Month	November	December	January	February	March	April	Umuhojun Teacher

LGAON Certified		कला	Academic Year : 2020-21	15 Sem - III	patry)	Remarks					
cation Society's LEGE, JA 63) ISO 9001 : 2008 of Excellence"	PLAN	Faculty :	Academic Ye		Ja & Naturopathy	No. of Lectures Required					8 Q
Khandesh College Education Society's MOOLJI JAITHA COLLEGE, JALGAON NAAC Reaccredited Grade "A" (CGPA: 3.63) 150 9001 : 2008 Certified UGC honoured "Colleges of Excellence"	TEACHING	Name of Teacher : <u>श्री जीनेत महोता</u>	ચોગવિશ્વાગ	Subject: WF3T (CBCS		Topic/s to be Covered					चुनित ४ निभगीपतार प्राव्याह्मक जेभ्यास
	ESTD. 1945	Jame of Teacher	Department	Class $SYBH$	Title of Paper : <u>}`06 · 232</u>	Month	June	УшГ	August	September	October

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Month	Topic/s to be Covered	No. of Lectures Required	Remarks
November	र्यानर - ४		
	र्सराव		
December	भुगिर - ४		
	भुनिट - ४ सराव		
n un t			
January	परिक्षा		
February			
March			
April			

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Khandesh College Education Society's MOOLJI JAITHA COLLEGE, JALGAON NAAC Reaccredited Grade "A" (CGPA : 3.63) ISO 9001 : 2008 Certified UGC honoured "College of Excellence"						
TEACHING PLAN						
Name of Teacher	: पा पंकज रवजाना	Faculty :	bell			
Department :	री गावि आग		ar: 2020-21			
Class : 😋 S 🖓	3 A Subject : योग (c					
Title of Paper: 106,232 - Practical - I (Voga & Naturo pathy)						
Month	Topic/s to be Covered	No. of Lectures Required	Remarks			

	Topic/s to be covered	Lectures Required	Remarks
June			
July			
August	थुनित - १ व २ सराव	04	
September	भुनिट - १ व २ सराव		
October	युनिट - 3 सराव		

Month	Topic/s to be Co	vered	No. of Lectures Required	Remarks	
November	भुमिर - 3				
	भुनिट - 3 व्यराव				
December					
	21219				
January	परिश्न				_
			ill in		
February					
				s an that a	
March					
April					

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	UGC honoured "Colle TEACHIN		
lame of Teache	r: त्रा अनंत संहाजन	Faculty :	कला
	101192101	A contrast a result of the	0 - 0
itle of Dependent V	3A Subject : योग (CB	<u>cs) Auto Se</u>	m · III
ille of Paper :	04 230 5EC-I H	ealth & Caree	or through re
Month	Topic/s to be Covered	No. of Lectures Required	Remarks
June			
July			
		a:	
August	थुनिट - 9 व 2		n a stan jardi teknik
, Lguot		08	
	रेवार्ट्यायू		
September	थुनिट- १व२		
Coptonibol	5 7 2		
	30/00/12/		
October	थुनिर - 3		
	स्वाख्याय		
			K

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Month	Topic/s to be Covered	No. of Lectures Required	Remarks
November	9, 10		
	रेवेग्टेंशाय		
December	भूमिट - ४		
	मुलिट - ४ रबाट्याय		
January	47271		
February			
March			
April			

Amahajan Teacher

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KNOWLEDGE IS POWER ESTD. 1945	NAAC Reaccredited Grade "A" (CGPA : 3.63) ISO 9001 : 2008 Certified UGC honoured "College of Excellence"
	TEACHING PLAN
Nome of Te	En El Parte al Alto Esculty: Dell

Name of Teacher : 37	दिवानद सोनार	Facu	Ity :	
Department : - 21) 51795	110]	Acad	emic Year :	2020-21
Class TYBA	Subject : আঁচা	sem-V	(NMU)	
		-0		

Title of Paper: DSC. YOG. E - योग प्राथमिक तत्व.

Month	Topic/s to be Covered	No. of Lectures Required	Remarks
June			
July	i	- -	
		A.	
August	युनिट- १	04	
		04	
September	थुलिर- २ १ व २	04	
October	27 191 2-2=		

Month	Topic/s to be Covered	No. of Lectures Required	Remarks
November			
December			
January			
February			
March			
April			

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ame of Teacher ·	TEACH		
epartment : 2	<u>प्रा पंकज २वछनाहे</u> हाविभाषा	Faculty : 4	्रम्
lass : T.YB	A Subject · योग	- Academic Ye	ear: <u>2020-2</u>
tle of Paper : $\underline{\mathbb{DS}}$	c VOG-E योग प्राथमि	क तत्प	
Month	Topic/s to be Covered	No. of Lectures Required	Remarks
June			
July			
		5-1	
August			
September			
October	भूनिट 2 सराव		
	सराव		

Month	Topic/s to be Covered	No. of Lectures Required	Remarks
November	भुनिट - 2 न 3 सराव		
	21219		
December	2,107 - 3		
	सराव		
January	परिश्ना		
February			
March			
April			

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KNOWLEDDE IS POWER ESTD. 1945	Khandesh College Education Society's MOOLJI JAITHA COLLEGE, JALGAON NAAC Reaccredited Grade "A" (CGPA : 3.63) ISO 9001 : 2008 Certified UGC honoured "College of Excellence"
	TEACHING PLAN
Name of Tea	cher: 41 सोनल महाजन Faculty: केला

Departmentlollgplib		Academic Year : 2020-21
Class :B.A	Subject : 21 101	Sem(I) NMU.
Title of Paper : DSE-3-	A Manaviya	Sharir Olakh

Month	Topic/s to be Covered	No. of Lectures Required	Remarks
June			
July			
August	थुनिट. १ १.९ ते १.3		
September	2672 - 9 9. र ते 9. E		
October	थुनिट - १		
	9.0		

Month	Topic/s to be Covered	No. of Lectures Required	Remarks
November	थुनिट 2		
	प्रात्यसिक (Project)		
December	युनिट - 3		
	युनिट - 3 प्रात्यास्क (Project.)		
January	परिश्वा		
February			
March			
April			

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KNOWLEDGE IS POWER	NAAC Reaccredited Grade "A" (CGPA : 3	.63) ISO 9001 : 2008 (
ESTD. 1945			
Name of Teacher	TEACHING <u>डॉ</u> र्न्टेवानंद सोनार		मा
	। गविभाग		
•) Subject : योग ठल		
Title of Paper :) SE-4-A Yoga Param	pora Prachi	1,
Month	Topic/s to be Covered	No. of Lectures Required	Remarks
June			
July			
August	थुनिट- ७		
	9.9 元 9.2		
September	थुनिट - १		
	थुनिट - 9 9.3 ते 9.8		
October	थानित 9		
	थुनिट. १ १.५ ते १.९		
	J. Y J J.E		

Month	Topic/s to be Covered	No. of Lectures Required	Remarks
November			
December			
January			
February			
March			
April			

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TEACHING PLAN

Name of Teacher : <u>भा</u> भ्यकेज	रेवाजीयांगे Faculty: केला
Department : IIIIAMIST	Academic Year : 2020.21
Class : T. Y.B.A Su	bject: 21) JEM-T- NMU.
Title of Paper : <u>DSE-4-A</u>	Yoga Parampara Prachin
•	

Month	Topic/s to be Covered	No. of Lectures Required	Remarks
June			
July			
August			
September			
October	थुनिर - 2		
	निवंद्य		

Month	Topic/s to be Covered	No. of Lectures Required	Remarks
November	थुनिर - २ व 3		
	धुनिट - 2 न 3 Project		
December	युनिट- 3		
	Project		
January	413271		
February			
March			4
April			

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KNOWLEDGE IS POWER ESTD. 1945	Khandesh College Ed OOLJI JAITHA COL NAAC Reaccredited Grade "A" (CGPA : UGC honoured "College	LEGE, JA	
	TEACHING		
Name of Teache	er: <u>प्रा</u> प्रकुत स्वानवाका	Faculty :	ला
Department	21121(9718)	Andresta	0
	<u>A</u> Subject : <u>থা</u> য় <i>ও</i>	em V (NM	(U)
The of Paper :	SEC-3 Yogasang Tatu	ik.	
Month	Topic/s to be Covered	No. of Lectures Required	Remarks
June			
July			
		* •	
August	21/072 - 9		
	9.9 7 9.2		
September	थुनित - १		
	थुनिट - १ १. 3 ते १. प		
October	भुनित - ९		
	भुनित - १ १. भू ते १. ७	а. — — — — — — — — — — — — — — — — — — —	
	D'T D C'Y	1 7.	in a start
			19. 6.11

Month	Topic/s to be Covered	No. of Lectures Required	Remarks
November	<u>સ</u> ્નિટ - ૧		
	भूमिर - १ १.८ तात्विक अञ्चास		
December	थुनित २		
	थुनिर - 2 प्रात्यक्षिक अञ्चास		
January	परिधा		
February			
March			
April			

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Department . 21) 1991) Name of Teacher : YT UAST RAIGINI Ľ N N

Class : TTOA

Faculty : <u>pol</u>

Subject : 21 3 Academic Year : 2020-2

Title of Paper :	$\frac{GE - A}{\text{Topic/s to be Covered}}$	i Yoga No. of Lectures Required	Remarks
yınr			
·			
	N R - 2		
August	5. 6 F 6. 6		
September	6 - 240/22		
	シ・ア オ タ・ E		
October	26 ने २८	,	
			114

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Month	Topic/s to be Covered	No. of Lectures Required	Remarks
November	मुलिर 2 न 3 साल्य श्निक		
December	मुल्यसिक		
January	- परिष्टन]		
February			· · · ·
March			
April			

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Vice Principal

KNOWLEDGE IS POWER	Khandesh College Education Society's MOOLJI JAITHA COLLEGE, JALGAON NAC Reaccredited Grade "A" (CGPA: 3.63) ISO 9001 : 2008 certified UGC honoured "College of Excellence"
ESTD. 1945	acher : या पंजज रवाजवागे /प्रा ज्योती वाद्य Faculty : निग्ध्य
Name of Tea Department	
Class : MA-	I SEM-I Subject : CBC.S Autonomus

Title of Paper: DSC YOG-101 Yoga Practical-1

	Month	Topic/s to be Covered	No.of Lectures Required
,	June		
	July		
	August	युनिट - १ १.१ ते १.४	
7		सराव	
	September	- भुनिट- 2 2.9 ते 2.8	
		सराव	
	October	धुनिट- 3 ८७ ते छ.४	
		सराव	

Month	Topic/s to be Covered	Lectures Required
November	भुनिर ठ ४.१ ते ४.४ सराव	
	सराव	
December		
January		
February		
March		
April		

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	TEACHING PLAN
Name of Tea	cher:Faculty:Aats

Department Yogg		Academic Year : 2020-21
Class: MA-I SEM-T	Subject :	

Title of Paper: DSC YOG 102 Yoga Practical- I Practical Notebook

	Month	Topic/s to be Covered	No.of Lectures Required
	June		
	July		
~	August	प्रात्याक्षेक नोंदवही मार्गदर्शन	
	September		
	October		

NOWLEDGE IS POWER ESTD. 1945	Khandesh College Education Society's MOOLJI JAITHA COLLEGE, JALGAON NAAC Reaccredited Grade "A" (CGPA: 3.63) ISO 9001 : 2008 certified UGC honoured "College of Excellence"
	TEACHING PLAN
Name of Tea	acher: Dr. Devanand Sonar Faculty: Arts,
Department	- roga Academic Year : 2020-21

Class: <u>MATT SEM-III</u> Subject:_____ Title of Paper: <u>DSE YOG 305 Resarch Michodology</u>

	Month	Topic/s to be Covered	No.of Lectures Required
Ś	June		2
	July		
		24022	
	August	भूमिर- 9 9.9 ते 9.8	
3			
	September	युमिर- 2 2.9 ते 2.8	
	October	थुंगिर - 3 3.9 ते 3.8	



Month	Topic/s to be Covered	No. of Lectures Required
November	थुनिर. ४ ४.९ ते ४.४	
December	- २ का भगाधान	
January		
February		
March		
April		

Teacher

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Name of Teach		
Department 🖄	er : प्रा पंकज रवजाको /पा ज्योती वाद्य Faculty : A का-	2020-21
1		
Title of Paper :₋	DSC. YOG 401 Yoga Practical - VIT	No.of
Month	Topic/s to be Covered	Lectures Require
June		
Julie		
July		
August		
September		
September		
October		
		- 6 M.

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No. of Lectures Required									
	lob shidol			थ्रीनेट-9 सम्तेनुसार करावयान्दी आस्तेन 9.9 ते 9.8	सीलेट - 2 - दीर्ब कालगीसी आसन. 2-9 ते 2-3	भुनित - 3 प्रानायाम अगने शुर्ध्वक्रिया 3.2 न 3.3	Hone - r	-birte	
	Month	November	December	January	February	March		April	

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	O TR	NAAC Reaccredited Grade "A" (CGPA: 5.05) 100 000 P	d
	KNOWLEDGE IS POWER ESTD. 1945	UGC honoured "College of Excellence	
7		TEACHING PLAN	
	Name of Teach	her: <u>Dr. Devanand Sonar</u> Faculty: <u>Astr</u> Doga Academic Year:	2020-21
	Nd A TT		
	Title of Paper :	<u>DSC YOG 402</u> Practical - VIII A) Disserte	tion
	Month	Topic/s to be Covered	No.of Lectures Required
(June		
	July		
	August		
Ì			
	September		
	October		



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Month	Topic/s to be Covered	No. of Lectures Required
November		
December		
January	अंब्रोधन अख्वाल मार्गदरीन	
February	लधुशोध निम संशोधन अखवाल माठेदिर्शन	
March		
April	- 11	

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MOOLJI JAITHA COLLEGE, JALGAON MAC Rescuence Grade *: (CEAN 381) 160 or Mide Name of Teacher :: 서희·히·히·히·히·히·히·히·히·히·히·히·히·히·히·히·히·히·히·히
Khandesh College Educati OOLJI JAITHA COLLE NAAC Reaccredited Grade ** (CGPA: 3.83) UGC honoured "College of Ex SENITV Subject: SENITV Subject: DSC 1402. Practical WIII 5 Topic/s to be Covere
Study & Reviews Required Required

Month	Topic/s to be Covered	No. of Lectures Required
November		
December		
January	गृंध मणिधा ब व्याखान लेखन मार्गदर्शन	
February		
March	-11	
April	-11	

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Teacher

Khandesh College Educat MOOLJI JAITHA COLL NAAC Reaccredited Grade "A" (CGPA: 3.63) UGC honoured "College of Ex	ISO 9001 : 2008 certified
TEACHING P	LAN
Name of Teacher: Dr. Devanand Sonar	Faculty : Aats.
Department :) 299	Academic Year : 2020-21
Class : MA-II SEM-IV Subject :	
Title of Paper: DSG 10G 403 Principle of	Voga-TI

	Month	Topic/s to be Covered	No.of Lectures Required
$\left(\right)$	June		
	July		
7	August		
	September		
	October		

Topic/s to be Covered	No. of Lectures Required
	Janed
	-
यूनिन - 9	
9.9 ते 9.7.	
सुनिर- 2	
2-9 7 2.8	
3.9 7 3.8	
	e tat tet a provincia e
भुनिट - ४	
४.९ ते ४.४	
	युगिर - 9 9.9 ते 9.7. 2.9 ते 2.7 थांग्रेट के

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Khandesh College Educa MOOLJI JAITHA COLL NAAC Reaccredited Grade "A" (CGPA: 3.63) UGC honoured "College of E	ISO 9001 : 2008 certified
TEACHING P	LAN
Name of Teacher : प्रा. जितोजली भंशाके	_Faculty:Aats
Department :	_Academic Year : <u>2020-2)</u>
Class : MA-TT SEM-TV Subject :	

Title of Paper: GE-YOG 404 - Yogg & Mental Health

Month	Topic/s to be Covered	No.of Lectures Required
June		
July		
August		
September		
October		

Month	Topic/s to be Covered	No. of Lectures
November		Required
December		
January	श्रुविट- 9 १.९ ते १.४	
February	थुनिट-2 2.9 ते 2.8	
March	सुनिट- 3 3.9 ते 3.7	
April	थुबिट- ४ ४.९ ते ४.४	

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Khandesh College Edu MOOLJI JAITHA COL	LEGE, JALGAON			
ESTD. 1945 NAAC Reaccredited Grade "A" (CGPA: 3 UGC honoured "College	NAAC Reaccredited Grade "A" (CGPA: 3.63) ISO 9001 : 2008 certified UGC honoured "College of Excellence"			
TEACHING PLAN				
Name of Teacher: श्रा. सोनल सहाउल	Faculty :A			
Department :) 2020 Academic Year : 2020				
Class MAIL GEM IV Subject :				

Title of Paper: DSC. YOG. 405 Health & Alternative Therapies

	Month	Topic/s to be Covered	No.of Lectures Required
	June		
	July		
1	August		
	September		
	October		

Month	Topic/s to be Covered	No. of Lectures Required
November		
December		
January	थुनिट- १ १.१ ते १.४	
February	युति - 2 2.9 ते 2.8	
March	युग्टि- 3 3.9 ते 3.8	
April	भुनिर-४ ४.१ ते ४.४	

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Month	Topic/s to be Covered	No. of Lectures Required
November		
December		
January		
February		
March		
April		

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		63		7			
October	September	August	ylın	June	I I	Name of Teach Department	Ì
3 6 9 6 9 7 9 7 9 7 9 7 9 7 9 7 9 7 9 7 9 7 9 7	2 . 2 2 . 7 2 . 7	5000 1000 1000 1000 1000 1000 1000 1000	,	Topic/s to be Covered Lectures Required	DSC YOG 103 fundamentals of Yoga-1	2008 certified	Khandesh College Education Society's
				Required		2 2	_

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Month	Topic/s to be Covered	No. of Lectures Required		
November	2,172. 8 8.9 a 8.8			
December				
January				
February				
March				
April				

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M	Khandesh College Education Society'	
KNOWLEDGE IS POWER	NAAC Reaccredited Grade "A" (CGPA: 3.63) ISO 9001 : 2001	ALGAUN 8 certified
ESTD. 1945		
Name of Teach	er : प्रान्ति ज्ञेनी अंगळि Faculty : _ी	at.
Department :	Xogq Academic V	
Class : MAI	SEM-T. Subject	
Title of Paper :-	SEC YOG- 104 Diet & Health	
Month	Topic/s to be Covered	No.of Lectures Required
June		
July		
August	관·9 군 9·8	
September	2.9 2 2.8	
October	भूगिर- 3 3.9 ते 3.8	

Month		Topic/s to b	e Covered	No. of Lectures Required
November	भूगित- ठ ४.१ ते .	6.2		
December				
January				
February				
March				
April				

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	POR MO	OOLJI JAITHA COLLEGE, JAL		N
	KNOWLEDGE IS POWER ESTD. 1945	NAAC Reaccredited Grade "A" (CGPA: 3.63) ISO 9001 : 2008 cert UGC honoured "College of Excellence"	aneo	
		TEACHING PLAN		
		r: Prof. Anant S. Mahayan Faculty: Arts		
C)epartment :	Yoga Academic Year	:2020	-21
		<u>SīM-I</u> Subject :		
ר	itle of Paper :_	DSE - YOG- 10,5 Anatomy & Physiolog	y	
	Month	Topic/s to be Covered	Le	o.of ectures equired
	June			
	July			
	August	9.9 A 9.8		
S				
	September	भुगिर- 2 2.9 ते 2.8		
	October	ગુનિર 3 ૩.૪ તે ૭.૪		

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Month	Topic/s to be Covered		No. of Lectures Required
November	सुनिव- ४ ४.१ ते ४.४		
December			
			6
January		6	
February			
March			Ģ
April			
		- · · .	

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Khandesh College Education Society's MOOLJI JAITHA COLLEGE, JALGAON NAC Reaccredited Grade "A" (CGPA: 3.63) ISO 9001 : 2008 certified UGC honoured "College of Excellence" TEACHING PLAN				
Name of Teacher : ४१ ज्योती वाद्य	Faculty : Asts			
Department Yoga.	Academic Year : 2020-21			
Class : MA-I SEM-II Subject :				
Title of Paper: DSC YOG 201 Yoga	ractical - III			

	Month	Topic/s to be Covered	No.of Lectures Required
F	June		
	July		
	August		
	September		
	October		
			1



Month	Topic/s to be Covered	No. of Lectures Required
November		
December		
January	थुनिट- 9 १.१ ते १.४	
	2.9 d 9.7	
February	2.9 ते 2.8	
	2.9 元 2.8	
March	भुगिर- 3 3.9 ते 3.४	
	3.9 1 3.8	
April	थुबिट- ठ ४.९ ते - ठ.४ व भाराव	
	४.९ त ४.४	





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	NAAC Reaccredited Grade "A" (CGPA: 3.63) ISO 9001 : 2008 certified	
ESTD. 1945		
No.	TEACHING PLAN : प्रानगिती भौगाळे Faculty :ीवा	-
Department :		
	<u>SEM-T</u> Subject :	
	SC-YOG 202 Yoga Practical - TV (Yoga E.	Jucation
Month	Topic/s to be Covered	No.of Lecture Require
June		
July		
August		
		- , , , , , , , , , , , , , , , , , , ,
September		
October		
1. St. Brazilia alfre		

Month	Topic/s to be Covered	No. of Lectures Required
November		
December		
January	युनिट - ७ पाठ नियोजन म्वाविद्यीन	
	1019 413181 8193162187	
February	21/102-2	
	योग अवरनेस अनल्प झारवाल मार्गदर्शन	
March		
April		



Teacher

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	TEACHIN		
	er: या पंकज रवाजवागे		
	Yoga.	Academic Year :	2020-21
	<u>SEM-IL</u> Subject : DSC · YOG · 203 fundame	ntals of roga. II	dan Diala sa
Month	Topic/s to be	Covered	No.of Lecture Require
June			
July			
August			
September			
October			

Month	Topic/s to be Covered	No. of Lectures Required	
November			
× .			
			-
December			
January	2) जित- 9 9.9 ते 9.8		6
	9・9 オ 9・8		
	य निर - २		-
February	युनिव-2 2.9 ते 2.8		
March	भुगित- 3 3.9 ते 3.४		G
	3.9 A 3 8		
	and - X		
April	भूगिट-४ ४.९ ते ७.४		

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ESTD. 1945 TEACHING PLAN Name of Teacher : সা চিরার্নেলী প্রথাক Faculty : Ar	15
Department : YQgq Academic Yea	
Class <u>NA-ISEM-IT</u> Subject : Title of Paper :_ GE - YOG 204 Yoga Education	

	Month	Topic/s to be Covered	No.of Lectures Required
Î	June		
	July		
	August		
۲			
	September		· · · · · · · · ·
	October		la de la compañía de En la compañía de la c

		No. of	1
Month	Topic/s to be Covered	Lectures Required	
November		required	-1
December			-
January	2/172-9		6
	5.9 A 9.7		
	य जि		
February	युमिट- 2 2-9 ते 2.8		
	2-9 7 2.8		
March	4/0/2 - 3		
March	मुणिट- 3 3.9 ते 3.8		
	3.9 ते 3.8		
April	25िट- ४		
	थुनिट- ठ ४.९ ते ४.४		

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ame of Teacher	TEACHING PLAN	1.
epartment 1099	Academi	Mala ic Year : 2020-2
lass MA-I SEM-	11 Subject: YOG- 205 Yoga Therapy.	n makana kapalan mangana mangana kana mana kana maka manga kana manga kana sa mana kana
Month	Topic/s to be Covered	No.of Lectur
June		Requi
July		
August		
September		

Month	Topic/s to be Covered	No. of Lectures Required
November		
December		
January	धुमिट- १ ११ ते १ ४	
February	युनित- 2 2.9 ते 2.x	
March	2562.3 3.9 7 3.r	
April	25/22. r 19 7 r.r	

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Khandesh College Education Society's MOOLJI JAITHA COLLEGE, JALGAON NAAC Reaccredited Grade "A" (CGPA: 3.63) ISO 9001 : 2008 certified UGC honoured "College of Excellence"
TEACHING PLAN Name of Teacher : मार्ज्याती वाद्य /मार्ज्यजज्ञा Faculty : Aats.
Department: Yoga Academic Yoor 2020-21
Class: <u>MA-II Sem-III</u> Subject: <u>CBCS</u> Autonomous
Title of Paper: DSC-YOG-301 Yogg Practical -V

Month	Topic/s to be Covered	No.of Lectures Required
June		
July		
August	भूनिट- 9 दिमातेनुसार करावरण-की आसन	
	9.9 श्रायनस्थिती 9.2 विपारितशयनस्थिती	
Septemb	ver 9.9 ते 9.2 सराव 9.3 बेन्कारकती	
	2.3 बेन्कारकती 2.8- दंडारकती -	
October	थुनिट १ सराप. थुनिट- २- देग्विकालां १ छीन्जी आसने	
	2-9 मे शय मस्किती 2-2- विपारितशयमस्किती	,
	2.3 बिल्कारमेती	

Month	Topic/s to be Covered युनिस 3 जिनसयुक्त प्राणगणम जालि शुस्ट्रिकिया	No. of Lectures Required
November	मानर 3 मिवसयुक्त प्राणायाम आगण रहारदाकर) 3.9. प्राणायाम 3.2 रहार्साकेया थानेट - ४ मुझ धारणा, स्यान,	
December	सर्व.	
January		
February		
March		
April		

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	TEACHI	NG PLAN	
Name of Teacher : 3	िदेवानद सोनार	Faculty : A-ars.	
Department : Yoga		Academic Year : 2020-2	
Class MAIIS	m-III Subject :		
Title of Paper : <u>⊅</u> Sc	106-302 Toga Pra	chical JI (Antxanga Yoga)	

Month	Topic/s to be Covered	No.of Lectures Required
June		
July		
August	Zfild-9 Practical book discussion.	
September	युनिट-2 अंतरंग रोग 2.3 ते 2.8	
October	थुनिट-१ व थुनिट-2 थंन्या स्तराव	



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1	April	March	February	January	December	November	Month
					र्राष्	xX19	
							Topic/s to
							Topic/s to be Covered
							No. of Lectures Required

3

August $ $	
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Month	Topic/s to be Covered	No. of Lectures Required
November	मुनिट-४ ४.२ ते ४.४	
December	र्वाना समाखान	
January		
February		
March		
April		



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	NG PLAN
Name of Teacher : ये। सानल मेटजन	Faculty : Arts.
Department :)oga	Academic Year : 2020-21
Class : MA-IL SEM EIII Subject :	
Title of Paper SEC YOG-304 Fundamenta	els of Naturopathy

	Month	Topic/s to be Covered	No.of Lectures Required
C	June		
	July		
(1	August	भुगिर-१ ३.९ ते १.४	
	September	2.9 ते 2.8	
	October	3.9 ते B.r	

Month	Topic/s to be Covered	No. of Lectures Required
November	युनिट- क क.९ ते ४.४.	
December	र्द्राको समाद्यान	
January		
February		
March		
April		

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